



GIRL OR BOY?
TO TEST OR NOT TO
TEST IS A PARENT'S
DILEMMA {page 13}

GOOD SPORT
WEEKEND SHOW
OFFERED TIPS TO GET
MOVING {page 4}



THE ENVELOPE, PLEASE WHO TOOK HOME AN OSCAR?

{pages 10-11; metronews.ca/london}

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Monday, February 27, 2012

www.metronews.ca



News worth sharing.



DAVID RITCHIE/THE CANADIAN PRESS

Train wreck

- ▶ Three Via engineers killed in derailment
- ▶ 45 passengers injured, three seriously

A slight bump followed by people and luggage flying through the air is how one passenger is describing a train derailment in Burlington, west of Toronto, on Sunday that killed three Via engineers and left three passengers with severe injuries.

The time between the train leaving the tracks and the crash was only about 10 seconds, but it felt like “forever,” said Deanna Vilella of Welland.

Villela was among 75 passengers travelling on train No. 92 from Niagara Falls to Toronto when the train left the tracks at about 3:30 p.m. Area residents described a chaotic scene of emergency vehicles, sirens blaring and helicopters buzzing overhead.

The locomotive and one passenger car flipped onto their sides and crashed into a small trackside building. At least two passenger cars behind it were driven off the tracks into a L-shape. All six cars derailed, a Via official said.

Deadly derailment

- ▶ **Transportation Safety Board** investigators were on the scene Sunday.
- ▶ **A key piece of evidence will be** the train's equivalent of a black box, which recorded the event.
- ▶ **Weather was not believed to be** the cause, as it was clear and dry at the time of the crash.

Amid the twisted metal and debris, emergency crews scrambled to pull passengers to safety. Some were carried away on boards and stretchers while others, looking dazed and battered, were led out by emergency workers.

"There's no question it's very tragic," Via chief operating officer John Marginson said at the scene. "We're a relatively small company, we're a family, we know everyone by name. We certainly feel for the families of the colleagues that we lost." **THE CANADIAN PRESS**

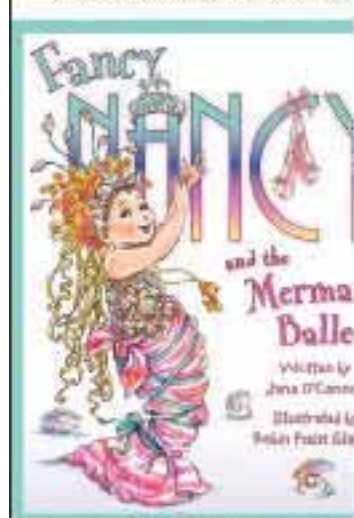
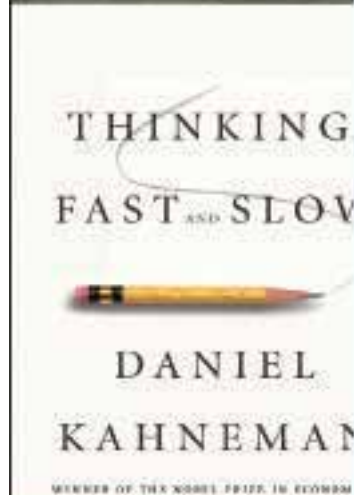
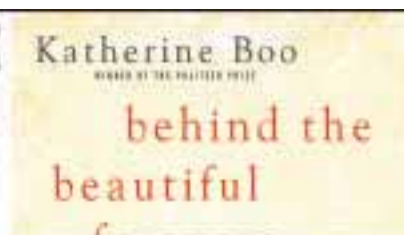
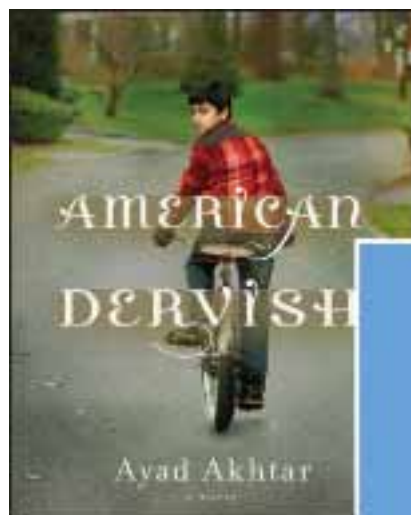
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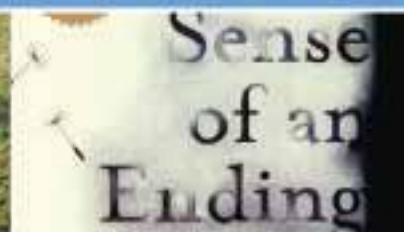
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Sweet. Treat



► Milica Markovic, owner of Marky's Crepes & Waffles (484 Richmond St.), dollops whipped cream on an ice cream explosion waffle while catering to a Sunday afternoon rush at the business.

ANGELA MULLINS/METRO

Waffles, crepes served hot in London

The shop opened about 10 months ago, serving sweet and savoury treats. Selections range from vegetarian crepes to waffles piled high with fruit and other toppings to satisfy practically any sweet tooth.

1
news

Call her the eco-warrior princess: Actress Lucy Lawless has been arrested for her involvement in a Greenpeace protest aboard an oil-drilling ship. Scan the code.

1 Download the free ScanLife app with your smartphone at 2dscan.com

2 Use your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to m.metronews.ca

On the web at metronews.ca



A bird's-eye view of the train derailment west of Toronto that killed 3 Via Rail workers. Watch at metronews.ca/video

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Methadone rules back at council

- City committee to get another look at rules that would oversee methadone clinics
- Facilities have potential to cause increased crime if not well governed, officials said



ANGELA MULLINS
@METRONEWS.CA

Methadone clinics and how to regulate them are back on the agenda at city hall.

Months after politicians approved extending a moratorium on new clinics, administrators have drafted a new set of rules establishing where they can open.

The proposed rules also govern some details of the clinics' setup, including the amount of parking available and the size of waiting rooms.

The proposal will be shown to members of city council's planning and environment committee Monday night. It will be introduced to the full council on March 20.

While the recommendations are detailed — the report is more than 50 pages — they generally call for new clinics only in areas served by public transit.

They also require a 300-metre buffer zone from facilities such as libraries, pools, arenas, schools and the Western Fair District. New clinics would have to submit a site plan for pub-

lic feedback before being allowed to open, the report says.

Right now, the city doesn't have any guidelines for the clinics, and officials have been grappling with the issue since a moratorium was imposed in November 2010. Since last fall, administrators have been studying the issue and consulting the public.

The report councillors will receive Monday cites a methadone clinic at 528 Dundas St. several times, noting police have dubbed it a "hotbed for criminal activity" and a

In other news

During other Monday meetings at city hall, council are expected to:

- Consider an agreement with the provincial government to attract immigrants living in the GTA to London.
- Receive a report on nearly 200 city employees who

earned salaries of \$100,000 or more in 2011.

- Receive a report on 2011 expenses filed by politicians and administrators.
- Hear a new proposal to pay for a sound and light show during the 2013 World Figure Skating Championships.

"known area of concern for drug trafficking and related issues."

Police have been called to the address nearly 300 times since 2006, accord-

ing to the report.

Officers have issued 387 provincial offence notices at the clinic and a nearby intersection since January 2010.

2 die in crash near Woodstock

Ontario Provincial Police say a feed truck and a pick-up collided in Zorra Township this morning.

Police say the driver of the pick-up truck was pronounced dead at the scene.

A passenger in the pick-up truck was transported

to Stratford General Hospital, but he later died.

The driver of the feed truck suffered minor injuries.

Police want to speak with anyone who may have witnessed this collision.

THE CANADIAN PRESS

Lightning tickets going on sale

London Lightning playoff tickets go on sale at 10 a.m. on Tuesday.

The Lightning's first playoff game will be March 9, and it will be the first of two potential home games in the first round. ● METRO

Charges laid in pharmacy robbery

London police have charged one man and are searching for two others after a pharmacy around Maitland Street and Central Avenue was robbed Friday, injuring a pharmacist in the process.

Joseph Kennedy, 41, of London has been charged with robbery, wearing a dis-

guise, assault with a weapon and resisting arrest.

Police are still looking for two men involved in the robbery, and released a description of one suspect: Caucasian, about five-foot-10, wearing a white shirt and black jeans. ● METRO

Show encourages people to try something new

► Two-day Sports and Recreation Show draws crowds to Western Fair District



ANGELA MULLINS/METRO

► Shawn Dockstader, 27, of London, takes batting practice courtesy of the London Rippers during Sunday's Sports and Recreation Show at the Western Fair District. The Rippers and the London Majors dedicated exhibits in the show's Indoor Turf Zone to improving people's baseball technique.

ANGELA MULLINS
@METRONEWS.CA

Soaring across a 200-foot-long zipline not your cup of tea? How about roller derby, martial arts, running, ball hockey and paintball?

If it has to do with having a good time, you were likely to find it this weekend at the Western Fair District.

Combining what used to be two separate events — one featuring golf and another built around health and fitness — the fair district turned its

Agriplex into a hub of adventure for Saturday and Sunday's Sports and Recreation Show.

One of the show's best qualities, participants said, was that it gave people a chance to try their hand at a little bit of everything while browsing booths from 110 exhibitors.

"It's pretty hands-on," said Shawn Dockstader after giving his fastball arm a run for its money.

Dockstader, 27, of London, didn't have much of a choice but to start his trip to the show at the Indoor Turf Zone. Setup like a miniature playing field,

Missed it?

► For a little inspiration toward getting active, check out the show's event page at westernfairdistrict.com.

the zone featured lacrosse, football, soccer and, of course, baseball — a favourite for Dockstader's young son.

"He wanted to try this right away," Dockstader said.

Although several exhibitors were offering up discounted sports equipment, most of the trials of-



ANGELA MULLINS/METRO

► Jessica Pacheco, 16, of London, tries her hand at a zipline.

fered inside the show were free. That holds true to one of the show's main goals: Encouraging people to discover their inner athlete and get moving.

Classified hopes to win new fans on Hedley tour

JIM REYNO
@METRONEWS.CA

It's a calculated risk, artistically and financially, that Classified hopes will pay off in the future.

The Nova Scotia rapper is one of the opening acts on a 44-date tour with Hedley, which hits London on Wednesday.

"It's different," Classified said in an interview earlier this month. "A lot of people don't know the music, but that's why I'm here — to get more people to hear what I'm doing."

Among all those new faces, there's potential for new fans.

"That was totally the reason why I wanted to do it," said Classified. "Money-wise, I'm not making what I usually make on a normal tour..."

"A lot of these young kids are going to be able to go to the bar scene in a couple of years, which is more of our scene, so they're going to know the name."

As one of Hedley's opening acts on this tour, Classified has had to alter his performance, both in

On stage

- Hedley with Classified, Karl Wolf, Kay Mines
- Wednesday, 7 p.m., John Labatt Centre
- Tickets (\$49.50, \$34.50) at johnlabattcentre.com

length and content. A 90-minute set is now half an hour, and Classified's blunt songs about drug use are out.

"Song topics — a song about weed, talking about how I smoke weed and the good and the bad of it — I'm not going to do it at a show like this because it's a lot of young kids," he said.

"(We're) recognizing the age of the crowd, the time that we have to do what we have to do, and what we really think is going to go over good to people who haven't heard a lot of the music before."



For more local news visit metronews.ca/london

OHL

Knights defeat 67s in Ottawa

Michael Houser made 37 saves and was the game's first star as the London Knights defeated the Ottawa 67s 5-2 in OHL action Sunday at the Civic Centre.

Knights rookie defenceman Olli Maatta had two assists and was the game's second star. Greg McKeeg also had two points for London, with a goal and an assist. Jared Knight, Josh Anderson, Jarred Tinordi and Tommy Hughes also scored for the Knights, who were outshot 39-26.

Tyler Toffoli, the

game's third star, and Shane Prince replied for the 67s, who got 21 saves from Petr Mrazek.

London was 1-2 on the power play while Ottawa went 0-3.

On Saturday, Joseph Cramarossa scored once and set up the game-winner as the Belleville Bulls beat the visiting Knights 3-2.

Anderson and Bo Horvat scored for London. Tyson Teichmann stopped 31 shots in defeat.

Daniil Zharkov and Luke Judson also scored for the Bulls, who got 28 saves from Malcolm Subban.

Belleville went 0-3 on the power play as London failed to score on either of their chances with the man advantage.

● METRO, WITH FILES FROM THE CANADIAN PRESS

Jury search begins in Tori Stafford murder trial

The 12 men and women chosen as jurors this week will come from all walks of life: Teachers, engineers, mechanics, stay-at-home mothers, plumbers.

Ordinary people, but charged with an extraordinary task — to decide the

fate of Michael Rafferty.

Rafferty, 31, is charged with first-degree murder of 8-year-old Woodstock girl Tori Stafford. She went missing on April 8, 2009; her body was found three months later near Mount Forest. Terri-Lynne McClintic, Rafferty's then girlfriend, pleaded guilty to Tori's death and was sentenced to life in prison in April 2010. Jury selection for Rafferty's trial begins Monday in London and could take up to four days.

The country was gripped

by the disappearance of blond and blue-eyed Tori Stafford.

The national media camped in Woodstock for weeks while Tori's story was also featured on America's Most Wanted.

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Bestiality charges laid in B.C.

A 38-year-old Vancouver man has been ordered to stand trial for bestiality.

Brian Anthony Cutteridge will be in B.C. Supreme Court on March 14 to set a trial date. The allegations against him have not been proved and he is presumed innocent. Marcie Moriarty, head of the B.C. SPCA's cruelty-investigations department, said the association began investigating

Cutteridge in 2010 after being tipped off that he was allegedly engaging in sexual activities with his dog. There were reports Sunday that a veterinarian alerted the animal-welfare agency because of an infection one dog had, but Moriarty would not confirm or deny this information.

"Unfortunately, the actual act is not as uncommon as we'd like to think, but uncovering evidence and having a case go before a court and having charges accepted is more rare."

● METRO

Chlorine sends kids to hospital

Seventy people, the majority of them children, have been taken to hospital following a "chlorine incident" at a swimming pool in British Columbia's

Interior, says a health official. The majority of those hospitalized have been treated and released, according to a health official.

The incident took place on Sunday at a recreation complex that houses a pool and hockey arena. A hockey game and a swim meet were taking place at the time. **THE CANADIAN PRESS**

False robocalls made in 34 ridings, Martin claims

► Opposition accusing Tories of orchestrating a campaign of dirty tricks

ADRIAN WYLD/THE CANADIAN PRESS/FILE

► NDP MP Pat Martin



The robocall controversy appears to be broadening, with opposition parties claiming the number of ridings affected by voter-suppression calls in the last federal election is greater than first thought.

New Democrat MP Pat Martin says he is aware of at least 34 ridings that received automated phone calls, although his party lists only 29.

Meanwhile, Liberal Leader Bob Rae said his party is aware of 27 ridings, but he expects the number to rise by Monday, when the House of Commons resumes.

The opposition are accusing the Harper Conservatives of orchestrating a campaign of dirty tricks in the May 2 election, but the

Conservatives have denied the charges.

Elections Canada and police are currently believed to be looking into reports that automated calls in as many as 18 ridings falsely advised voters that the loca-

tion of their polling stations had changed.

Martin says he is firm on his number and has since heard of two more ridings, but was not yet adding them to his list.

THE CANADIAN PRESS

Election hijinks

- An investigation launched into misleading and harassing automatic phone calls made during the last federal election highlights the hijinks parties can get up to using the data they collect on voters.
- But beyond making the complaint, the people who find themselves on the end of puzzling political phone calls have little recourse except to hang up the phone.
- Political parties are exempt from the do-not-call list regime and they aren't subject to privacy laws either.
- It's a growing policy concern, privacy and technology law experts say.

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In. Print

► News Corp. chairman and CEO Rupert Murdoch holds the first edition of The Sun on Sunday as it comes off the presses in Broxbourne, England.



ARTHUR EDWARDS/THE ASSOCIATED PRESS

Murdoch replaces News of the World

Rupert Murdoch's newest newspaper launched Sunday with a familiar mix of celebrity news, scantily clad women and defiant language. The Sun's Sunday edition hit the stands two weeks after five employees were arrested for alleged payment of bribes. The new Sunday tabloid replaces The News of the World, which closed last July.



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Will Canada lead way to mining on moon?

- Moon has compounds not readily available on Earth
- Lunar-resource drilling may start by end of decade

Canada could play a key role in a new international space race, with the next sprint to the moon gearing up as an extra-terrestrial gold rush.

Industry insiders will be watching closely this week as the heads of the world's five biggest space agencies get together in Quebec City, where the partners on the International Space Station will discuss more than the future of the orbiting lab.

They will address an idea gaining currency in business and scientific circles: that within human reach lies an unfathomable wealth of resources, some of them common on Earth and others that could change the way we live.

Canada could figure prominently in any discus-



► A prototype of a lunar rover by Neptec Design Group of Ottawa.

sion about lunar exploration, with nearly one-quarter of the world's top mining companies and robotics like the famous Canadarm.

Several countries, including China, have expressed a desire to start mining the moon's resources. The mining industry is now waiting for the Canadian Space Agency to make its inten-

tions known, while the agency awaits direction from the federal government.

The CSA has already begun developing a number of prototype lunar rovers, in co-operation with NASA and several Canadian firms.

The testing of these prototypes on Earth, with special drills for excavating, has already begun and more tests are planned this summer in Hawaii. The next phase would involve building space-bound rovers — but the CSA can't move forward without federal approval. "We're making, I think, a contribution to what Canada's future space program might look like," said Iain Christie, the president of Neptec Design Group. **THE CANADIAN PRESS**

BP oil-spill trial delayed

A judge has delayed the federal trial over the U.S.'s worst offshore oil disaster, saying Sunday that BP PLC was making progress in settlement talks with a committee overseeing scores of lawsuits, according to people close to the case, who spoke on condition of anonymity. The lawsuits have been filed by individuals and businesses after the Deepwater Horizon rig explosion in April 2010. **THE ASSOCIATED PRESS**

Market moment

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STUDENTS SHUN FUN TO WORK IN SUN

URBAN COMPASS

TODD DEVLIN
METRO LONDON



A group of 14 students from Medway High School are heading to the Dominican this March, but it won't be for the type of spring break on an island that first comes to mind.

They'll be working in the community of Moca, helping to build a primary school and also taking part in health clinics and teaching workshops in the region. The students have partnered with an organization affiliated with the Rotary Club of Oakville that has been taking students to the Dominican Republic for the last 10 years.

"I took the idea back to our social-justice club, and we got enough people on board and decided we were going to do it," said Caora McKenna, a Grade 12 student at Medway who co-chairs the club. "We're doing a whole (school) rebuild. So anything ranging from bricklaying to making cement floors to painting the walls and doing landscaping."

"We're doing a whole (school) rebuild. So anything ranging from bricklaying to making cement floors to painting the walls and doing landscaping."

CAORA MCKENNA, ONE OF 14
MEDWAY HIGH SCHOOL STUDENTS
HEADED TO THE DOMINICAN TO
HELP BUILD A PRIMARY SCHOOL

Each student is responsible for his or her own travel expenses, as well as a \$500 "bricks-and-mortar fee," which directly funds the work being done in Moca. The costs aren't cheap, but through fundraisers, presentations and letter-writing campaigns, the group managed to actually surpass their goal and raise \$9,000. McKenna credits part of this to the fact that, because board policies prevent teachers from being involved in the trip (two volunteer chaperones will be accompanying the group), the students were forced to look outside their school community for help.

"It led to connections we wouldn't have found for fundraising," she said. "If we hadn't been forced to stretch our minds and see what was out there for us, I don't think we would have been as successful."

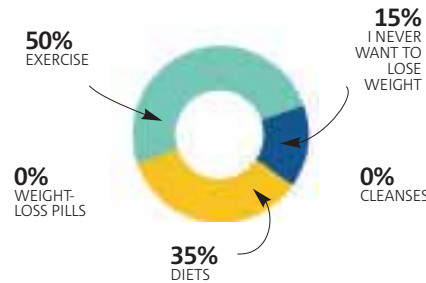
They are, however, still looking for donations of items such as school supplies (e.g., primary English and Spanish picture books), sports equipment, craft supplies and hygiene items that they will in turn donate to the people of Moca.

Anyone interested in making last-minute donations this week can contact McKenna at: mckenna.caora@gmail.com.



Register at
metropolitanpanel.ca
and take the quick poll

What method do you use
to shed a few pounds?



Local tweets



- @slipperytheseal: Bacon month in #ldnont has been good times but let's not do too much of a good thing. Who's ready for sausage month?!
- @LdnOnt_Blair: My old man told me that he's a part of the Round Church. That way, the Devil can't corner him. #LdnOnt
- @jilleclarke: Heading back to London today!! Can't wait to see my roomies!! #uwo
- @NatalieDavid: officially the drunkest week of 2012! .. now back to #WesternU
- to beat it.
- @SamanthaJohnst: Back from an incredible experience in Nicaragua with @UWOasb #westernu
- @KaieRoss: Just realized #ldnont means London, Ontario... #howdidimissthat
- @Ciocia: Watched The Grapes of Wrath last night. Struck by irony as family driven from home by #Caterpillar tractors. #EMD #ldnont
- @Evolving: Please do not pick your thong when kids are around. #ldnont
- @daniphillips_: Walked to work this morning, such a nice day in #LdnOnt

Daily Zoom



New egg of ancient chikiladae

New amphibian family found

NEW DELHI. An intrepid team of biologists led by University of Delhi professor Sathyabhama Das Biju has identified an entirely new family of amphibians — called chikiladae — endemic to the region since before the age of dinosaurs but with ancient links to Africa. **THE ASSOCIATED PRESS**

2,600 Biju's team worked during monsoon season, when the digging is easier and chikiladae lay eggs in waterlogged soils. Researchers, along with locals they hired, spent about 2,600 hours digging for the elusive squiggles, usually found about 40-centimetres deep.

"It's like a rocket. If you miss it the first try, you'll never catch it again."

PROFESSOR BIJU DESCRIBES HOW CHIKILADAЕ GROW TO ABOUT 10 CENTIMETRES, AND CAN RAM THEIR HARD SKULLS THROUGH SOME OF THE REGION'S TOUGHER SOILS, SHOOTING OFF QUICKLY AT THE SLIGHTEST VIBRATION.

Prehistoric link

- The chikiladae is a caecilian, the most primitive of three amphibian groups that also include frogs and salamanders.
- Their discovery gives new evidence in the study of prehistoric species migration, as well as evolutionary paths influenced by continental shift.

2

scene

Box office



On Oscar weekend, the real-life action stars of *Act of Valor* bested Hollywood's pretend heroes. The action flick, starring real, active-duty U.S. Navy SEALs, topped the weekend box office, earning \$24.7 million, according to studio estimates Sunday. Lionsgate's Tyler Perry's *Good Deeds*, a more dramatic offering for the consistently popular Perry, opened with a healthy \$16 million. Its audience was resoundingly female (76 per cent) and may have been slightly diminished by the appeal of Denzel Washington in the thriller *Safe House*. That earned \$11.4 million, bringing its cumulative total to \$98.1 million. The weekend's other new releases — the thriller *Gone* and the comedy *Wanderlust* — had weaker debuts. *Wanderlust* took \$6.6 million. *Gone* took in \$5 million.

THE ASSOCIATED PRESS



For more Oscar coverage, and a complete list of winners, scan this code or visit metronews.ca/oscars

Hugo, The Artist get love from Oscar

► The Artist goes home with best-picture and best-actor statues
 ► Christopher Plummer wins his first Oscar at 82
 ► Meryl Streep adds another award to her shelf



NED
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METRO WORLD NEWS IN HOLLYWOOD

In the major categories, the Academy Awards belonged to *The Artist*, pulling in five wins, including best actor, best director and best picture, but it wasn't a spotless victory for the silent film. While many had expected *The Artist* to sweep this year's Oscars, those hopes were dashed early on as another love letter to film history, Martin Scorsese's *Hugo*, also brought in five trophies, including Oscars for visual effects, art direction and cinematography. The lack of an *Artist* sweep was an invigorating boost after a lacklustre start by host Billy Crystal.

Some odds-on favourites to win took home statues, including Iran's *A Separation* for best foreign-lan-

guage film, Octavia Spencer for best supporting actress for her role in the *Help* and Christopher Plummer for best supporting actor in *Beginners*, but the early part of the evening offered plenty of surprises, including a best editing win for *The Girl with the Dragon Tattoo*. In the heated best-actress race between Meryl Streep for the *Iron Lady* and Viola Davis for *The Help*, Streep's portrayal of Margaret Thatcher won the day. "When they called my name, I had this feeling I could (hear) half of America going, 'Oh no,'" Streep joked.

Crystal started with his traditional montage, digitally inserting himself into nominated films. He followed that up with a song-and-dance number summarizing the best-picture nominees that felt in many ways out of touch.

Plummer becomes oldest Oscar winner

At the age of 82, stage and screen legend Christopher Plummer finally has an Academy Award. Plummer won the best-supporting-actor prize Sunday for his turn as a widower who embraces his homosexuality in *Beginners*.

The prize makes the actor the oldest Oscar winner, a distinction previously held by Jessica Tandy for 1989's *Driving Miss Daisy*.

The Toronto-born actor took issue with that distinction backstage. "I don't buy that for a sec-

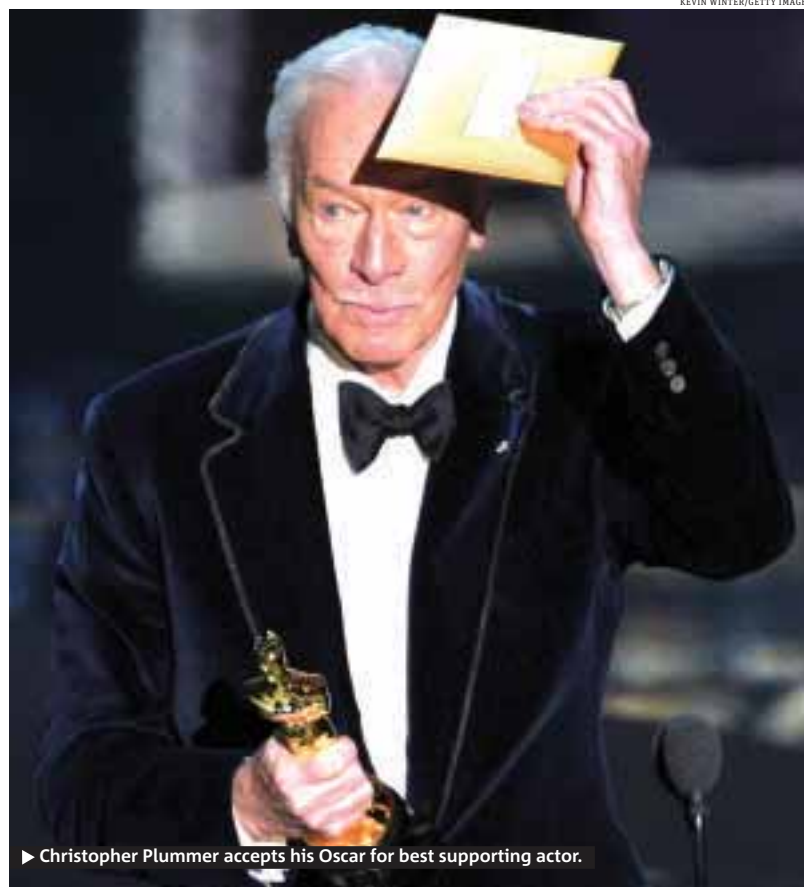
ond," Plummer said.

"Wasn't Charlie Chaplin older than me when he got his honorary Oscar? An honorary Oscar is still an Oscar, after all."

Plummer has already won a Golden Globe, a Screen Actors Guild Award, a British Academy Film Award and a Spirit Award for *Beginners*.

His only other Oscar nomination came two years ago for the Tolstoy tale *The Last Station*.

THE CANADIAN PRESS/
WITH FILES FROM NED EHRBAR



► Christopher Plummer accepts his Oscar for best supporting actor.



► Octavia Spencer accepts the Oscar for best supporting actress.

One plum weekend for Christopher

It was an award-filled weekend for Christopher Plummer. Not only did the Canadian actor win the Academy Award for best supporting actor for his role in *Beginners*, ACTRA Toronto on Saturday named him best actor for his rakish turn in *Barrymore*, a film version of the stage production that earned the veteran thespian a Tony some 15 years ago. ACTRA Toronto is the regional arm of Canada's performers' union, also known as the Alliance of Canadian Cinema, Television and Radio Artists.

THE CANADIAN PRESS

Red-carpet Stars

► It takes a lot of glamour to stand out on the red carpet at the Oscars ► Or dressing like a dictator ...



► George Clooney brings his own golden statue to the Oscars in the form of Stacy Kiebler.



► Michelle Williams looks whimsical in Louis Vuitton.



► Kristen Wiig moves from Saturday Night Live to Oscar red carpet with ease.



► Every red carpet needs the Pitt-Jolies.



► After dressing as a man for Albert Nobbs, Glenn Close channels her feminine side.



► Octavia Spencer stuns in Tadashi Shoji



► Sacha Baron Cohen arrives on the red carpet as his character General Aladeen.

Up and down

Metro Canada offers up its take on the best and the worst of this year's Oscar broadcast

Billy Crystal

The nine-time Oscar host did what he does best, spoofing the best picture nominees, with a little help from George Clooney, Justin Bieber and Tom Cruise. It was like an old, slightly campy, great uncle stopping in for a visit and pulling a quarter from behind your ear.

Funny focus group

The Wizard of Oz focus group, featuring some of the cast of Best in Show and Waiting for Guffman, proved the Oscars can be funny, with their analysis of the classic film: more flying monkeys, less Dorothy.



Sacha Baron Cohen

Dressed as the alter-ego from his new film, The Dictator, Baron Cohen lived up to his unpredictability by bringing the supposed ashes of Kim Jung-il as his red carpet date. Spilling the ashes on E! host Ryan Seacrest, he sunk to a new self-promoting low. Ashes to ashes, dust to dust, without press, Baron Cohen's career will rust.

Meryl Streep

We love Meryl, but after 17 nominations you think she would know what to wear to the Oscars. Her dress looked like it was rescued from the Carol Burnett Show. It's 'curtains' for her stylist. **METRO**

Oscar tweets



@magicandrew:

#Oscars + @justinbieber = I think a server just melted somewhere inside of Twitter.

@AngryBlackLady:

Clooney and Crystal kissed. Santorum just had an aneurysm.

@mariosundar:

I love you @BillyCrystal but your song-and-dance monologue seemed so archaic. Even Clooney seemed thoroughly confused!

@RajeevMasand:

Sandra Bullock announces Best Foreign Lang Film nominee — will be so happy to see Iran's A Separation win. So deserving.

Adam Sandler earns 11 Razzie nominations

► Actor earns the dubious honour of rocking this year's worst movies

THE WORD

DOROTHY ROBINSON
SCENE@METRONEWS.CA



While the world continues their celebration of the Oscars and the best and brightest in Hollywood, let's take a moment to look at the worst.

Specifically, poor, poor Adam Sandler, who is saddled with the sad honour of earning 11 Razzie nominations for his various work as an actor, a writer and a producer on three movies for 2011: Jack and Jill, Bucky Larson: Born to Be a Star and Just Go With It.

Sandler received two worst actor nominations, one for Just Go With It and another for Jack and Jill.

Bad news bears:

Worst film nominees:

- Jack and Jill
- Bucky Larson: Born to Be a Star (Sandler also co-wrote)
- New Year's Eve
- Transformers: Dark of the Moon
- The Twilight Saga: Breaking Dawn, Part 1

Oh, and he also received a worst actress nod for Jack and Jill — if anything, at least he's breaking gender barriers.

Luckily, he's not alone: his Jack and Jill co-stars, Katie Holmes and Al Pacino, each received a worst supporting actress and worst supporting actor nomination for their work in that film, respectively. (Way to bring down Pacino, San-



► Adam Sandler and Katie Holmes at the premiere of the Razzie-nominated Jack and Jill last November in California.

andler.)

It's time for Sandler to pick up a copy of the 1998 edition of Stop with the Fart Jokes: Transform Your Career and Become an Oscar Winner in No Time by Tom Hanks. Soon, he'll be

starring in Punch Drunk Love II: Still Drankin', where he and Emily Watson end up adopting a middle-aged deaf, mute, and blind train hobo who teaches them the true meaning of life.

Celebrity tweets



Just bought a used gas centrifuge on Ebay. If neighbor does not quiet dog I will build nuclear weapon. #fairwarning



@AlbertBrooks

@JessicaSimpson

Vampire Diaries has been a minor obsession of mine this month!! I've watched every episode!! Ok, so maybe it isn't a minor obsession.. Ha

@DanaJGould



I'm working with a human rights group that takes winos off of skid row and releases them back into the wine country.

Gerard Butler was on a bit of a tear

Gerard Butler spent the last three weeks in rehab to address an alleged prescription painkiller problem, according to Radar Online.

"Gerard has completed a successful course of treatment and has returned home in good health," his rep said in a statement. "We will not be making any further comment at this time."

Butler reportedly developed a painkiller dependency in 2006 after filming 300. As for other substances, the actor recently told the Red Bulletin that he's toned things down considerably.

"I am a single successful Scottish actor in a city full of beautiful women, and I will admit to having the time of my life," he said.

"I'm very well behaved these days as a lot of the



► Gerard Butler

naughty stuff was when I was drinking."

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► Women may want to find out their baby's gender for both practical and psychological reasons.

Did you find out the sex?

► It's a boy! It's a girl! It's a... surprise! ► Where some people stand on learning the truth early

Six months into her pregnancy, the fashionable Julia Restoin-Roitfeld does not know the sex of her baby — and she has no intention of finding out. Her mom, former *Vogue* Paris editor Carine Roitfeld, is mighty impressed: “[Julia] doesn’t want to know. I’m very proud of her, because me, I

would not be able to do that. But you know, in a way, today you can know everything about anything, and to refuse to know I think is quite chic.”

So apparently not finding out the sex of your baby is “chic.” Who knew?

Carine also has no intention of baking cookies or

knitting booties any time soon. “I don’t think it’s my thing,” she said with a laugh. Gotta love her for telling it like it is!

But back to the gender discussion. My friends are pretty split down the middle when it comes to finding out the sex of their baby. I personally was

tempted to find out with both my kids but never did because I figured there are so few surprises left these days. But I know countless women who were dying to know if they were having a boy or a girl ASAP — both for practical reasons and for psychological ones, too.

One friend, for example, always planned to have two children. So after she gave birth to a boy and got pregnant with her second, she decided to find out the baby’s gender during a 20-week ultrasound. “If it was a boy, I wanted to know,” she tells me, “so that I wouldn’t be disappointed.”

Clearly, this is a woman who always wanted a little girl, though she was and still is beyond grateful for her two wonderful boys. “I just wanted to prepare myself, emotionally. I knew that this would be it and so

if I was never going to have a daughter, I would rather find out in advance than right there on the table. It gave me time to come to terms with it all.”

I’ve also noticed that many couples are divided on whether or not to find out the sex of their baby.

One pregnant woman I know, already mom to two boys, was so curious that she found out behind her husband’s back — then feigned surprise when it was a girl (ha!).

Then there are those women who find out by accident because their doctor uses “he” or “she” to describe the baby in a way that’s just way too obvious.

Sounds crazy, I know, but this has happened to many friends. And, let me say, they were less than pleased.

SHAWNA COHEN, MOMMYISH.COM

3

life

Mogul mom



Former model Kathy Ireland, a mother and author of three children’s books, has been named by *Forbes* as the wealthiest supermodel on the planet.

Forbes recognized the iconic model for raking in the most cash through her brands, beating out domestic diva Martha Stewart. According to the magazine, Ireland sold “an astounding \$2 billion worth of licensed products at retail...”

THE ASSOCIATED PRESS



Motherhood and curling: A juggling act at the Canadian women’s championship.



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Pull out all sandwich stops

► Pulled chicken sliders are a great way to infuse a ton of flavour into a small package ► Instead of buns, they can also be served on flour tortillas

Mango Marmalade Chicken Slider



► This recipe makes 12 sliders.

When it comes to making pulled chicken, it's hard to beat the two-ingredient simplicity of simmering chicken breasts in a bottle of barbecue sauce.

But if you want try something a little bigger, a little bolder and a lot more interesting, make a sweet-and-savory pulled chicken.

Preparation:

- 1 In saucepan over medium-high, combine chicken, broth, jelly, marmalade, vinegar, cumin, paprika, garlic powder, salt and pepper. Bring to simmer, then

cook, uncovered, 45 mins. Transfer chicken to cutting board. Continue cooking sauce for 10 mins. or until reduced and thickened.

- 2 Meanwhile, use 2 sets of 2 to pull apart and shred chicken breasts. Once liquid has reduced, return chicken to saucepan and mix with sauce. Simmer until heated through, then remove pan from heat. Stir in sour cream.

- 3 In a bowl, mix coleslaw mix, mayonnaise and hot sauce to taste.

► If you prefer the taste of pulled pork, switch it up by cooking it in sesame oil ► Serve it on buns

These sandwiches have a hint of sesame that enhances the pork flavour, almost giving you a hint of sweet and sour.

Preparation:

- 1 In a large saucepan, whisk together the beer, tomato paste, brown sugar, vinegar, 30 ml (2

Ingredients:

- 1.15 kg (2 1/2 lb) boneless, skinless chicken breasts
- 1 L (4 cups) chicken broth
- 1 jar (396 g/14 oz) mango-pepper jelly
- 125 ml (1/2 cup) orange marmalade
- 50 ml (1/4 cup) cider vinegar
- 5 ml (1 tsp) ground cumin
- 5 ml (1 tsp) sweet or smoked paprika
- 5 ml (1 tsp) garlic powder
- 5 ml (1 tsp) salt
- 2 ml (1/2 tsp) freshly ground black pepper
- 250 ml (1 cup) sour cream
- 1 bag shredded cabbage coleslaw mix
- 150 ml (2/3 cup) light mayonnaise
- Hot sauce
- 12 dinner rolls or other small buns, split

- 4 Serve chicken on buns topped with coleslaw.

THE ASSOCIATED PRESS/
ADAPTED BY EMILY RICHARDS

(PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR, TV CELEBRITY CHEF. VISIT EMILYRICHARDSCOOKS.CA)

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tblsp) of the sesame oil, soy sauce, garlic and mustard powder. Add the star anise and pork. Bring to a simmer over medium-high, then cover and cook for about

45 minutes or until very tender.

- 2 Discard star anise, then use 2 forks to pull apart the pork into bite-size pieces. Stir in the

Rose Reisman's Choose It And Lose It

For entertaining at home, stores that offer ready-made appetizers are a popular choice. When choosing the eats, make sure you're watching the cooking method.

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remaining 15 ml (1 tbsp) of sesame oil and the hot sauce. Season with salt and pepper to taste.

- 3 Divide pork between the buns, sprinkling each with sesame seeds

and scallions.

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ADAPTED BY EMILY RICHARDS
(PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR, TV CHEF. VISIT EMILYRICHARDSCOOKS.CA)

Ingredients:

- 1 bottle (330 mL) beer
- 1 can (5 oz) tomato paste
- 60 ml (1/4 cup) packed brown sugar
- 125 ml (1/2 cup) rice vinegar
- 45 ml (3 tbsp) sesame oil
- 15 ml (1 tbsp) reduced sodium soy sauce
- 7 ml (1 1/2 tsp) each garlic powder & mustard powder
- 1 whole star anise
- 3 pork tenderloins (about 3 lbs/1.5 kg), cut into chunks
- 10 ml (2 tsp) hot sauce
- Salt and ground pepper
- 8 large rolls or buns
- Sesame seeds and green onions



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Green from the ground up

► Students attempt to build a complete green house from scratch ► Trying to achieve Canada's greenest home



BEN KNIGHT
LIFE@METRONEWS.CA

Many Canadians undertake renovation projects to make their houses greener and cleaner. But what would be possible if you built an entire eco-friendly home — from scratch?

Twenty students from the Endeavour Centre in Peterborough, Ontario, will find out this summer, when they set out to build Canada's greenest home. "We're a not-for-profit sustainable building school," says executive director Chris Magwood.

"We're aiming for this to be a net-energy-zero home. It will create as much energy as it consumes over the course of a

year. The homeowner will actually earn money on the power."

Solar panels on the roof are just the beginning.

The 2,000-square-foot house will be built entirely from locally sourced materials.

It will also be built on an existing lot, so as not to add to urban sprawl.

"Basically, the way people talk about the hundred-mile diet, we really approach home-building that way, too," Magwood explains.

"To the greatest extent possible, all the materials and people who prepare them will come from the immediate region."

Local sawmills will produce all the lumber.

And materials won't be

treated with toxins or other questionable chemicals.

The house will also be built to process rainwater, and recycle household grey water.

"The quality of the water, the air, the light in the home is really important to us."

When completed, the house will immediately go on the market.

Construction costs will be a little higher than a regular two-storey home, but future savings in energy and water costs will offer real savings to the eventual owner.

Magwood is confident houses like this will become a lot more common in the not-to-distant future.

"I first started doing this

15 years ago, when these kinds of ideas were so far out on the fringe that it was hard to even have a conversation with normal people or with builders about it," he says.

"And now, the whole industry feels like it's racing to catch up in that direction."

The students who build the house will come from all kinds of backgrounds.

Space in the program is still available.

"Things are always doable if you throw enough time and money at them," Magwood concludes.

"But you want to make sure it's also repeatable, affordable and available."

For more information, visit endeavourcentre.org.



► Students are trying to show that you can build a truly green home from scratch.

GREEN HAIR DYE — NO LONGER JUST PUNK ROCK

Are there eco-friendly hair dyes? Will they cover grey? *Carol of Calgary*

QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS.CA



Eco-friendly hair dyes do exist.

Avoid ammonia, petrochemicals, sulfates, phthalates, parabens and P-phenylenediamine (PPD).

It's hard to find permanent colours that don't contain PPD. PPD-free products often use aminophenols — people allergic or sensitive to PPD may react to those, too. Find a hairdresser educated in the prefixes of these chemicals.

Before you book, ask the salon about ingredients. The more of us that ask, the quicker they'll catch on.

It's for their own good — PPD can cause cancer and be contaminated with heavy metals toxic

to the brain.

Many eco-friendlier dyes are henna- or vegetable-based (from roots and fruits), others are oil-based. Some are paired with hydrogen peroxide to help the colour last longer.

Note: many hennas don't disclose ingredients, but labels may list leaves of aslawsonia inermis and indigoferae tinctoria, walnut, or pure indigo.

So called black henna may be derived from indigo (from the plant indigoferae tinctoria), but may also contain PPD. Those sensitive to PPD should avoid black henna.

Most vegetable-based colours are called stains — they coat the hair but aren't absorbed below the cuticle of the shaft.

Ingredients will be similar to henna but may contain dispersed inks (like pigments used in tattoos). Greys need a small percentage of chemicals to have true permanent coverage.

Most natural colours are grey-blending more than grey-covering.

Do-it-yourselfers can find non-toxic options in health food stores or organic grocers.

If you like bright reds, violets or gold and have naturally lighter hair; lily stamens or belladonna flower, turmeric or even beet juice can do a wonderful job of tinting the hair and even refresh older highlights. Always wear gloves.



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► Paul Griffith is teaching others to go above and beyond for the less fortunate with his business Over the Edge

TURNING POINT

TERESA KRUIZE
LIFE@METRONews.CA



For the past eight years, Paul Griffith has been pushing people out of their comfort zone and Over the Edge. And he couldn't be happier.

Griffith and his highly skilled team run events where people rappel down tall buildings and raise money for charity.

His Halifax-based business has become so popular they've expanded to the U.S., and have now set a goal to raise \$50 million for non-profit organizations in the next 10 years.

"It makes it so much



► Paul Griffith, president and CEO of Over the Edge.

easier to go to work every day knowing you're making a difference. We're

here to serve and do good things for others."

Growing up in P.E.I.,

On reaching for the top

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- Have fortitude to stick it out in the tough times. Every "no" you get is an opportunity to gain wisdom.
- Assemble a board of advisors. They are a source of wisdom and perspective.
- Don't worry too much about money. Create the opportunity and the money will follow if it's a good idea.
- For more info, visit overtheedgeusa.com.

Griffith was 10 when he asked his parents for new goalie pads.

They told him they would only pay for half so Paul went to a local farm, purchased strawberries for 25 cents a box, loaded up his wagon and sold them to the neighbourhood for one dollar.

"After a week I had enough money for my goalie pads and I officially retired from my first business," he says with a laugh.

In the coming months, Griffith and his team will be travelling across Canada to stage at least 10 Over the Edge events, including

"It makes it so much easier to go to work every day knowing you're making a difference. We're here to serve and do good things for others."

PAUL GRIFFITH

one in Toronto in May.

They are challenging people to rappel down Toronto's City Hall building in aid of the Make-A-Wish Foundation.

"We've asked the corporate world to step outside of their comfort zone and go over the edge," he said.

"When you look at the barriers people face through sickness or disease it's an easy thing to do."

THROWING THE BUSINESS MODEL AWAY FOR GOOD

BOOK REVIEW

CRAIG LUND
LIFE@METRONews.CA



Screw Business As Usual
By Richard Branson,
Virgin Books,
\$26.95,
357 pages

With a title like Screw

Business As Usual coming from the likes of Sir Richard Branson, emperor of the Virgin Group, you come to expect that, though off the cuff, there is likely some sound advice on the way.

Branson's key message is clear: "doing good is good for business." Eschewing old school capitalism, Branson outlines his vision of what modern capitalism should look like. He calls it Capitalism 24902, a model that looks

beyond profits, but looks at how businesses should shape themselves to benefit the globe.

"It's not OK that nearly half the world's population lives on less than \$2 a day" says Branson.

In Branson's opinion, change needs to come from the ordinary person. "I'm talking about the power of the ordinary everyday person to become entrepreneurs and change makers." He alludes to the shift in com-

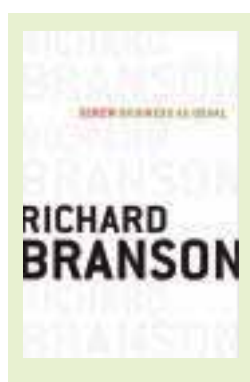
munications access and transparency, in a day and age where anyone can share their opinion publicly and be heard.

One of the most touching examples Branson gives (and I'll admit that as a South African, I'm biased) takes place in South Africa. In his book he talks about Virgin Unite, the Charity arm to the Virgin Group, and how they established the Branson Centre for Entrepreneurship in Johannesburg, a

project Branson reflects as being "one of the most satisfying projects he's ever been involved in".

I don't use the 'L word' too often, but I have to in this case. Branson's energy and passion is dripping from this book. I loved every word, and feel inspired to take on his call for change.

CRAIG LUND, IS THE PRESIDENT OF MARKETING SERVICES FIRM MARKETING TALENT INC. AND CAN BE REACHED AT CLUND@MARKETINGTALENTING.COM OR ON TWITTER @CRAIGLUND



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Sens strike before deadline

THE HOCKEY NEWS

MURRAY PAM
LONDON@METRONEWS.CA



One sliced pinky and many bitten finger-nails later, the Ottawa Senators played the

first card in their hand. Time will tell if it's an ace, but the early reviews are positive.

One day ahead of the NHL's trade deadline, general manager Bryan Murray shipped a second-round pick in the 2013 draft to the St. Louis Blues for highly regarded goaltending prospect Ben Bishop.

In the 26-year-old Bishop, Ottawa gets a big body in goal — Bishop fills a lot of the net at 6-foot-7 — and one they hope can bridge the gap while Craig Anderson and his carved little finger heal. Further, Bishop, who was named the AHL all-star game MVP this season and viewed by many as one of the best backstops outside the NHL, could also be a long-term solution.

"Obviously he has great size, which when on his game, he uses very well in blocking type fashion," said one scout. "He has learned to quiet down his movements in the net and play solid positionally compared to the past where he could be busy, offer up rebounds and drop



► Ben Bishop makes a save while with the Blues last February in Calgary.

early."

Bishop's six shutouts and .928 save percentage lead the minor loop. If not for the surprising campaign of Brian Elliott, Bishop

likely would have been the backup in St. Louis this season. A potential unrestricted free agent until yesterday, Bishop agreed to a \$650,000, one-year,

one-way deal to remain a Senator in 2012-13. Unfortunately for "goalie of the future" Robin Lehner, who has battled injuries and a hot temper this season in

Deadline debacle

In Feb. 2004, the Senators acquired former 50 goalman Peter Bondra from the Capitals for untested minor-leaguer Brooks Laich and a second-round pick in a trade that they would rather forget.

► Bondra failed to earn a point in a first-round playoff loss vs. the Maple Leafs, while Laich is still going strong in his 7th season with Washington.

Binghamton, this means another season in the AHL is probable. Seldom used backup Alex Auld, meantime, has faltered in limited opportunities, and the club couldn't risk rolling the dice on him alone.

Last week, Murray reiterated he would not deplete the system. Mission accomplished with this deal. Murray also declared the club doesn't want to subtract from the current roster at the deadline. That said, if there is another "hockey trade" to be made Monday for a top six forward or a dependable defenceman that will improve the team this season and beyond, the GM has to lend some thought to it.

But remaining quiet isn't a bad option, either. While the Senators risk losing possible UFA's Filip Kuba, Matt Carlsner, and Zenon Konopka at season's end, sometimes the best trades are the ones you don't make.

4

sports

Quoted



"We think this man is ready to play in the NHL at some point here, whether he plays right away or not we'll determine that as we go forward."

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MANAGER BRYAN MURRAY
AFTER ACQUIRING
GOALTENDER BEN BISHOP
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SECOND-ROUND PICK IN THE
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Crossword

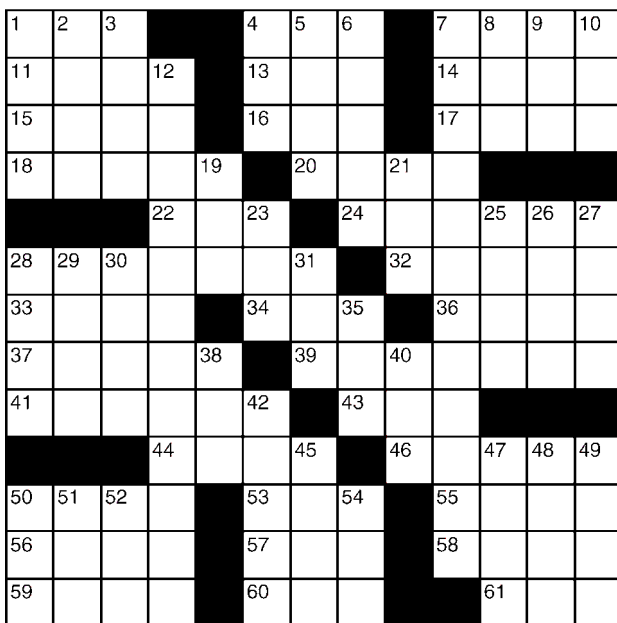
Across

1 Vim and vigor
4 Had breakfast
7 Acceptable
11 Rowing props
13 Bagel topper
14 Pleasant
15 Seniors' big event
16 Mischievous tyke
17 Paradise
18 Provide with funds
20 Seethe
22 Barbie's cohort
24 Ruins the shoe polish
28 Custodian
32 Grin
33 Portent
34 "Holy mackerell!"
36 Surveyor's map
37 Suit material that draws lint
39 Rocket launcher
41 Stuck up
43 "Le Coq —"
44 Picnic spoiler
46 Playful water critter

50 Primary
53 — and caboodle
55 Dry riverbed
56 As well
57 Compass pt.
58 Japanese sashes
59 Rhett Butler's closing word
60 Caribbean or Mediterranean
61 Witness

Down

1 Vatican VIP
2 Deserve
3 Poke
4 Boxer Muhammad

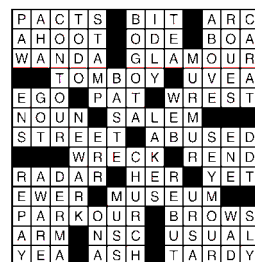


5 "Who's buried in Grant's —?"
6 Erstwhile Montreal baseball team
7 54-Down server's query
8 Tease
9 High card
10 Longing
12 Headwaiter's obsolescent query
19 Drenched
21 Suffix with robot
23 Present
25 Flaky pastry dough (Var.)
26 Anti-aircraft ar-

tillery
27 Bristle
28 R&B singer Stone
29 Prayer ending
30 Infamous fiddler
31 Steal from
35 Bankroll
38 Greek vowel
40 Menagerie
42 "OMG!"
45 Day shift start
47 Keep — on (watch)
48 Actress Falco
49 Get up
50 Angry
51 — carte
52 Doctrine

54 See 7-Down

► Friday's answer



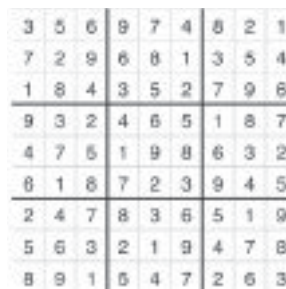
Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer ►



Send a KISS

You can now post your kiss, and read even more kisses, at metronews.ca/kiss.

Night,
Wonderful Saturday
evening to everyone
tonight! Wasn't it a beautiful Saturday? Good thoughts! From a noble person sharing conscious sincere craziness! Hmm? Sweet Call!

SATURDAY

sandra,
to the woman i hold so dear
that i wait to be near
CRASH

Matt,
I smiled at you yesterday,
and I hope you noticed it.
Sorry I didn't get to wave
back at you. I was hoping
you were going to talk to
me on my break. Well I'll
see you next week.

R

my pet
well, that is good, I waiting
for you? No surprising! admit i'm scared to talk
first...Why not!

ME

Today's horoscope

♈ Aries March 21-April 20

Put small issues out of your mind and focus only on the things that matter.

♉ Taurus April 21-May 21

Don't worry if you've been finding it hard to get along with someone because as from tomorrow your minds will be on the same wavelength again.

♊ Gemini May 22-June 21

If there is something you need done, something that is so important it really can't wait, you're going to have to do it yourself.

♋ Cancer June 22-July 22

If you let others set the rules of the game they will inevitably fix them

so they win and you lose.

♌ Leo July 23-Aug. 23

Think long and hard before ending an association that may not be easy to revive again in the future.

♍ Virgo Aug. 24-Sept. 22

Loved ones are extremely demanding at the moment and if you get through the day without raising your voice you will have done well.

♎ Libra Sept. 23-Oct. 23

Take it easy now because the next few days could be busier than you anticipated, especially on the work front.

♏ Scorpio Oct. 24-Nov. 22

According to the planets someone is being less than honest with you

For today's crossword answers and for expanded horoscopes, visit metronews.ca

about what they are planning.

♐ Sagittarius Nov. 23-Dec. 21

Why are you worrying about something over which you have no control? There's no logic to it.

♑ Capricorn Dec. 22-Jan. 20

Take a break from your busy schedule and give some thought to the direction your life seems to be heading.

♒ Aquarius Jan. 21-Feb. 18

You are attaching too much importance to other people's opinions.

♈ Pisces Feb. 19-March 20 If someone is wasting your time then you must allow yourself to get angry.

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